

**ISSN 2348 – 8301**

**NEW ARCHAEOLOGICAL & GENOLOGICAL SOCIETY KANPUR CHAPTER INDIA,  
A REGISTERED NON PROFIT ORGANISATION WITH REGISTRATION NO. 346-2009-201  
UNDER SOCIETIES ACT 21, 1860**

# **KANPUR PHILOSOPHERS**

**INTERNATIONAL REFEREED & PEER REVIEWED JOURNAL  
OF HUMANITIES, LAW AND SOCIAL SCIENCES**

**VOLUME THREE, ISSUE TWO (WINTER), YEAR 2016**

**CHIEF EDITOR  
ATUL KUMAR SHUKLA**

125/L/89, FF 104, GOVIND NAGAR KANPUR U.P. INDIA, ZIP 208006  
www.naags.in, atul.edu@gmail.com, +91 945-286-9553

© Secretary, N.A.A.G.S. Kanpur INDIA



# KANPUR PHILOSOPHERS

**INTERNATIONAL REFEREED & PEER REVIEWED JOURNAL  
OF HUMANITIES, LAW & SOCIAL SCIENCES**

Chief Editor

**Dr. Atul Kumar Shukla**, Banda India

Editors

**Dr. Purushottam Singh**, Kanpur India

**Dr. Akhtar Hussain Sandhu**, Lahore Pakistan

**Dr. Kuljit Singh**, Jammu India

**Dr. Balaji Chirade**, Nanded India

**Mrs. Neha Singh**, Kanpur India

**Dr. Adesh Gupta**, Banda India

**Dr. Rafida Nawaz**, Multan Pakistan

Review & Advisory Board

**Prof. Rajendra Singh**, Jhansi India

**Prof. Raj Kumar Bhatiya**, Jhansi India

**Prof. Ranveer Chakravarti**, New Delhi India

**Prof. S.P.Pathak**, Jhansi India

**Prof. U.P.Arora**, New Delhi India

**Dr. Vasudev Singh**, Houston U.S.A.

**Dr. R. Mahalakshmi**, New Delhi India

**Dr. Suresh Dahiya**, Rohtak India

**Dr. Nandita Banerjee**, Burdwan India

**Dr. Fatimatu Zahra Rahman**, Dhaka Bangladesh

**Dr. Pranjol Protim Kakoti**, Golaghat India

**Dr. Umakanta Mishra**, Cuttack India

**Dr. Farzand Masih**, Lahore Pakistan

**Dr. J. Shunmugaraja**, Madurai India

**Dr. Ajmal Mueen M A**, Mookkam, Calicut India

**Dr. Dennys Frenez**, Ravenna Italy

**Dr. Tasaduk Amanul Hussain**, Golaghat India

**Dr. Enayatullah Khan**, Aligarh India

Publisher

Secretary NAAGS Kanpur

Typed and Printed at office of NAAGS Kanpur chapter India

### **Editorial**

Winter issue of “Kanpur Philosophers” is ready for researchers and scholars to enjoy scholarly writings, though little late this time due to the unavoidable constraints of demonetization. However I hope the range and variety of papers received and selected for this issue will also justify its value, as the journal is gradually evolving into an open forum for shearing ideas and studies of various disciplines. The present issue contained variety of papers from philosophy, history, education, geography, political science Sanskrit, literature, rural development, contemporary politics, Dalit issues, law, journalism and ancient architect. Interdisciplinary dialogue among researchers of various discipline create a momentum to widen the academic horizon and eventually help to explore the lesser known areas of enquiry and the collective efforts resulted into the enrichment of the knowledge of mankind. I would like to thanks all the researchers and contributors of the current issue of Kanpur Philosophers for their timely submission of papers and their continuous support, without which such endeavour cannot take shape.

I especially thank Dr. Akhtar Hussain Sandhu from Lahore, Pakistan and Dr. Purushottam Singh for their valuable contribution and suggestion for the betterment of this journal. Active support and timely intervention of Dr. Kuljit Singh from Jammu and Dr. Balaji Chirade from Nanded, Maharashtra sorted out complex issues with ease. I appreciate the interest and help of Mrs. Neha Singh in the process of editing.

I am also thankful to Prof. Rajendra Singh and Dr. R.K. Bhatiya and Dr. Adesh Gupta from Bundelkhand University, Jhansi as well as Dr. Fatimatuzzahra Rahman from Asian University of Bangladesh Dhaka, Dr. Rafida Nawaz from Bahauddin Zakariya University Multan for their mentorship and guidance.

Looking forward for your observations and suggestions

Atul Kumar Shukla  
Chief Editor  
Kanpur Philosophers

**Index**  
**Kanpur Philosophers ISSN 2348-8301**  
**Volume -3, Issue-2 (winter) 2016**

<b>1</b>	Old Aged Persons and Multigenerational Relationship	<b>UMESH KUMAR SINGH</b> Associate Professor of Sociology V.S.S.D. College, Kanpur	<b>153-176</b>
<b>2</b>	Political Perspective of Dalits in Contemporary India	<b>CHANDRA KANT JAMADAR</b> Department of Psychology Maharani College Mysore (Karnataka) India	<b>177-188</b>
<b>3</b>	Caste, Society and Religion: Beginning of Hinduism in South India	<b>K. MADHUSUDHARSANAN</b> C.N.College, Erode (Tamilnadu) & <b>S. ALAMELU</b> Research Scholar C.N.College, Erode (Tamilnadu)	<b>189-204</b>
<b>4</b>	Geography and Management of Untouchability	<b>RAKESH ROSHAN SINGH</b> Abhay Pratap Singh Degree College Fatehpur (U.P.) India <b>NEELAM SONI</b> Ram Sahay Government College, Bairi Shivrajpur, Kanpur	<b>205-214</b>
<b>5</b>	Conversion of Nehru to Pandit Nehru: a study of political calculations in Contemporary India	<b>PURUSHOTTAM SINGH</b> Associate Professor of History V.S.S.D. College Kanpur	<b>215-220</b>
<b>6</b>	A comparative study of the Academic achievement of Neo-Literature belonging to various types of learning centres run under Sarva Shiksha Abhiyan	<b>DEVENDRA SINGH SINDHU</b> Assistant Professor of Teacher Education V.S.S.D. College Kanpur (U.P.)	<b>221-230</b>
<b>7</b>	Exercises for physical fitness and health	Dr. Naman Yadav Department of Sports & Physical Education V.S.S.D. College Kanpur India	<b>231-237</b>

8	mRrj inš k fo/kku l Hkk ea Hkk tik fo/kk; d ny dh Hkkxhnh	<b>vfuy dęj feJ</b> foHkkxk/; {k bfrgkl oh0, l 0, l OMh0 dkwyst] dkui g	238-244
9	tuin nřj; k] mRrj inš k ea xteh.k fodkl dk; Đeka dk p; fur xkE; v/; ; u	<b>AKk feJk</b> vfl LVšV ÁkQš j] Hkkksy foHkkx] jkt dh; egkfo   ky; ] bñqj nřj; k	245-259
10	čřny [k.M {ks= ds l hekd ds , šrgkfl d] l kldfrd , oaHkk'kk; h vk/kkj	<b>vlnš k xřk</b> i 0 t 0, y0ug# ih0th0 dkwyst] ckñk] m0Á0	260-263
11	čřny [k.M dh vkHkk dks čTTofyr djrs l w Zefunj	<b>jek xřk</b> Hkkxor i l kn eekšj; y efgyk egkfo   ky; vrj k l ½ckñk½	264-270
12	l u-1857bD dh Đkflur ea ckñk dk ; ksnku	<b>N".k iky</b> ÁoDrk] bfrgkl , dy0; egkfo   ky; ] ckñk	271-274
13	Ekl hgh /keZ dk mnHko	jek xřk Hkkxor i l kn eekšj; y efgyk egkfo   ky; vrj k l ½ckñk½	275-284
14	ošnddkyhu Hkkjrh; ukjh	<b>l j" k nfg; k</b> lk-udh jke "kekZ jkt dh; egkfon; ky; jkšrd	285-288
15	dkfyatj nřZ dk okLrqf' ky i	<b>'k' k 'křj feJ</b> Mkñk/kj-i h-fj Nkfj; k i h-t h-dkwyst c: vkl kxj > k l h	289-293
16	l šškkfud l j {k.k dk nřyrka dh flFkfr ij i Hkkko	<b>l ej cgñj fl g</b> Mh0 , 0 oh0 dkwyst] dkui g ; Đr i Vy oh0, l 0, l OMh0 dkyst] dkui g	294-300
17	l kdr dk0; 'kkL= ea dk0; i z k' k dk LFkku , oaegro	<b>__pk fl g</b> Okhjcgñj fl g i wkšpy fo'of0   ky; ] tkšij	301-307
18	ckš n' kZu vkš oLrq Ukk fo" k; d fofo/k n' kZuka dh ekU; rk; a	<b>vjfolh dęj friBh</b> , l kšl , V i kQš j] bfrgkl foHkkx Mh0, l 0, u0 dkyst] mluko	308-310
19	v' kkd ds nh? kZ f' kykyš k	<b>vřy dęj 'řyk</b> i 0 t 0, u0ih0th0 dkwyst ckñk] m0i 0	311-318



Members of Editorial Board at 77<sup>th</sup> session of Indian History Congress  
Tiruanantpuram (Kerala) session (28<sup>th</sup> -30<sup>th</sup> Dec.2016)

